

MANUAL

ENGLISH
ESPAÑOL
FRANÇAIS

THIS MANUAL CONTAINS IMPORTANT SAFETY INFORMATION. BEFORE USING THE SLACKLINE, READ THIS MANUAL CAREFULLY AND MAKE SURE YOU UNDERSTAND AND AGREE TO ALL WARNINGS, CAUTIONS, INSTRUCTIONS, AND SAFETY RECOMMENDATIONS. PERIODICALLY REVIEW THE INFORMATION IN THIS MANUAL AND INSPECT YOUR SLACKLINE REGULARLY FOR SIGNS OF EXCESS WEAR OR DAMAGE. DO NOT USE THE SLACKLINE UNLESS YOU ACCEPT ALL RISK OF INJURY AND/OR DEATH THAT MAY RESULT FROM YOUR USE.

1. WARNING! THE SLACKLINE CAN BE A DANGEROUS PIECE OF EQUIPMENT EVEN WHEN USED PROPERLY:

PARENTS OF MINORS AND MINORS: Minors should not use the slackline unless they are under constant competent adult supervision. Make sure that the slackline is only installed in areas where minors cannot access the slackline without such adult supervision. Minors should never use the ratchet or adjust the tension of the slackline at any time.

The slackline was developed solely for use by one adult at a time to improve his or her balance by slowly walking across the slackline over a flat, even and soft landing area clear of obstacles, people, projections, or nearby hazards. The slackline must only be used in the manner described in this Manual.

USING A SLACKLINE CAN BE A DANGEROUS ACTIVITY THAT MAY RESULT IN SERIOUS INJURY AND/OR DEATH EVEN WHEN USED PROPERLY. USE AT YOUR OWN RISK AND ALWAYS USE COMMON SENSE.

- Make sure that the slackline is attached only to anchors as described in section 3.1 below.
- Do NOT attach the slackline to any anchor point that is not fixed or too weak to safely anchor and use the slackline. For example, do NOT attach the slackline to one or more cars, www.slacklineindustries.com contains additional information.
- Make sure the ground and landing area over which the slackline is suspended is flat, even, and soft. You will be stepping and perhaps falling onto it!
- Do NOT set the slackline at any height above 18 inches (50 centimeters).
- Make sure there are no obstacles, hazards, people, or projections near the slackline that could injure you in a fall. Only use the slackline at locations without any nearby hazards and/or dangers.
- Always wear sturdy, tightly laced athletic shoes with flat rubber soles.
- Do NOT walk the slackline in sandals, shoes with lugged soles or barefoot.
- Keep all spectators at least 9 feet (3 meters) from the slackline.
- Never use the slackline at dusk or night or in wet or icy conditions.
- Do NOT allow more than one person to use the slackline at any time.
- Do NOT exceed 300 pounds (136 kg) in weight on the slackline at any time.

THIS SLACKLINE IS NOT INTENDED FOR PERFORMING ANY TRICKS, INCLUDING BUT NOT LIMITED TO JUMPING, FLIPPING, ETC. ATTEMPTING OR PERFORMING TRICKS SIGNIFICANTLY INCREASES RISK OF INJURY AND/OR DEATH.

This slackline is not impervious to damage. THE SLACKLINE MUST BE PROPERLY MAINTAINED AND INSPECTED BEFORE EVERY USE. FAILURE TO INSPECT AND MAINTAIN THE SLACKLINE BEFORE EACH USE MAY RESULT IN INJURY AND/OR DEATH. THE USE OF ANY PARTS NOT PROVIDED BY THE MANUFACTURER ARE NOT RECOMMENDED AND MAY DAMAGE THE SLACKLINE, IMPACT PERFORMANCE, SHORTEN THE LIFE-SPAN OF THE PRODUCT, AND CAUSE INJURY AND/OR DEATH.

1.1 FAILURE TO:

- USE COMMON SENSE,
- USE THE SLACKLINE AS RECOMMENDED IN THIS MANUAL, AND/OR
- HEED THE WARNINGS AND INSTRUCTIONS IN THIS MANUAL

MAY SIGNIFICANTLY INCREASE THE RISK OF SERIOUS INJURY AND/OR DEATH. WHEN ASSEMBLED, THE SLACKLINE IS UNDER SIGNIFICANT TENSION WHICH MAY EQUAL OR EXCEED 1500 lbs (7 kN/700 kg). DUE TO THE HIGH TENSION OF THE SLACKLINE, GREAT CARE MUST BE EXERCISED WHEN USING THE SLACKLINE TO DECREASE THE RISK OF INJURY AND/OR DEATH. OVERLOADING THE SLACKLINE WITH MORE THAN 300 POUNDS (136 kg) AND/OR MORE THAN ONE PERSON INCREASES THE TENSION AND MAY CAUSE THE SLACKLINE AND/OR RATCHET TO FAIL, RESULTING IN INJURY AND/OR DEATH.

Check local laws regarding slacklines to see where and how you may lawfully use the slackline. Slackline use on public property is illegal, restricted, or banned in some cities and states. You may see people on TV or on the Internet performing tricks or stunts on a slackline. These

are people who have been practicing for a long time, who are highly skilled, and who accept the risk of all injury and/or death. THE MANUFACTURER AND RESELLERS OF THIS SLACKLINE STRONGLY ADVISE AGAINST ATTEMPTING TO PERFORM ANY TRICKS ON THIS SLACKLINE AND SPECIFICALLY DISCLAIM ANY AND ALL RESPONSIBILITY AND LIABILITY FOR ANY DEATH, PARALYSIS, INJURY, AND/OR DAMAGE TO ANY PERSON OR PROPERTY THAT MAY OCCUR, THAT ARISES OUT OF, OR IS IN ANY WAY RELATED TO THE USE OF THIS PRODUCT.

1.2 WARRANTY:

This product is warranted against any material or manufacturing defect for one (1) year from the purchase date as stated on a valid receipt. THIS WARRANTY DOES NOT COVER OR INCLUDE ANY DAMAGE OR DEFECT CAUSED BY: NORMAL WEAR AND TEAR, MODIFICATIONS OR ALTERATIONS, INCORRECT SET-UP OR STORAGE, POOR MAINTENANCE, AND/OR DAMAGE DUE TO ACCIDENTS, NEGLIGENCE, OR MISUSE (INCLUDING BUT NOT LIMITED TO ANY USE NOT EXPLICITLY APPROVED IN THIS MANUAL).

1.3 WEAR NOT RELATED TO WARRANTY CLAIMS:

- Wear on the reinforced loop is expected and not taken into warranty consideration. Always inspect the slackline before any use and make sure the material under the loop protection is intact.
- Wear on the print of the slackline is expected and excluded from warranty claim.
- Wear on the slackline that is caused by incorrect set-up or use is excluded from warranty claim.

1.4 CARE INSTRUCTIONS:

The slackline webbing can be cleaned using lukewarm water and a mild soap if needed. Rinse thoroughly with clean water and allow to dry completely before storing. Do not submerge metal ratchet; clean only with standard machine lubricant. Always rinse slackline webbing with clear freshwater after use in saltwater.

Always ensure the slackline is completely dry before storing.

Other than as described above, THE MANUFACTURER, SELLERS, AND RESELLERS OF THIS PRODUCT MAKE NO OTHER REPRESENTATIONS AND/OR WARRANTIES, EITHER EXPRESS OR IMPLIED, REGARDING THE PRODUCT, INCLUDING WITHOUT LIMITATION, ANY WARRANTIES AS TO MERCHANTABILITY, QUALITY, OR FITNESS FOR A PARTICULAR PURPOSE. THE MANUFACTURER, SELLERS, AND RESELLERS SHALL NOT BE LIABLE IN ANY WAY WHATSOEVER FOR SPECIAL, INDIRECT, CONSEQUENTIAL, OR INCIDENTAL DAMAGES, WHETHER BASED ON BREACH OF CONTRACT, BREACH OF WARRANTY, TORT (INCLUDING NEGLIGENCE), PRODUCT LIABILITY OR OTHERWISE, EVEN IF THEY HAVE BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. THE SLACKLINE USER AGREES THAT HIS OR HER FULL REMEDY AGAINST THE MANUFACTURER, SELLERS, AND RESELLERS FOR ANY LIABILITY, CLAIMS, OR DAMAGES, SHALL BE LIMITED TO THE PURCHASE PRICE OF THE SLACKLINE, AND IRREVOCABLY WAIVES ALL CLAIMS FOR ANY OTHER DAMAGES THAT SUCH SLACKLINE USER MAY HAVE.

2. FURTHER WARNINGS:

ATTENTION! Do not use any other parts or materials to install the slackline or in connection with the use of the slackline other than the parts and materials provided by manufacturer.

USE OF THE RATCHET IS DANGEROUS AND MAY LEAD TO INJURY AND/OR DEATH. THE RATCHET MUST NEVER BE USED BY MINORS AND EXTREME CARE AND CAUTION MUST BE TAKEN WHEN USED BY ADULTS. THE SLACKLINE STRAP MUST NOT EXCEED TWO AND A HALF ROTATIONS AROUND THE AXLE OF THE RATCHET. (See subsection 3.5 below.) The tension on the lever of the ratchet must not exceed 85 pounds (approx. 378N/38.5kg) to prevent seizure and/or failure of the slackline system resulting in serious injury and/or death. NEVER USE YOUR LEGS OR ANY DEVICE OR BODY PART OTHER THAN YOUR HANDS TO OPERATE THE RATCHET.

This slackline must not be attached or assembled between vehicles (e.g., cars or trucks) for various reasons, including because the tension can easily exceed the safety limit of 85 pounds (approx. 378N/38.5kg). This slackline must not be assembled or used at any height above 18 inches (50 cm). Slacklining is a beautiful sport, but its dangers, including serious injury and/or death, are significant and must never be underestimated!

2.1 ADDITIONAL SAFETY REGULATIONS:

The slackline should ONLY be tensioned by hand and by one person.

Anchors must follow guidelines in section 3.1 and should not have any sharp corners or other conditions to potentially harm the slackline.

Only install the slackline over flat, soft or padded areas free of all obstacles and keep spectators at least 9 feet (3m) away from slackline area.

Never tension with other means (such as cars) than the equipment provided inside the set.

Do not leave the slackline unattended.

Do not set up slackline in areas that cross a pedestrian, bike or other traffic paths.

Always alert others to the presence of the slackline using cones, flags or other highly visible objects to mark the area surrounding the slackline so it can be seen from a distance.

Do not modify length by using knots.

3. ASSEMBLY:

The slackline is designed for quick and easy assembly by following the directions in this Manual or on the Slackline 101 DVD included in beginner kits. The slackline consists of only two components:

1



THE BAND:

2-inch wide (50 mm) Flexband with covered loop (also referred to as the "slackline" or "line" in this Manual)

2



THE RATCHET:

Fixed to an 8 foot (2m) long x 2-inch (50 mm) wide Flexband with covered loop

Except for the tree protection described below, DO NOT USE ANY OTHER COMPONENTS, PARTS OR MATERIALS WITH THIS SLACKLINE KIT OTHER THAN THE BAND AND THE RATCHET DESCRIBED ABOVE.

3.1 ANCHORS/LOCATION:

The slackline should only be attached to mature trees that have a minimum circumference of 40 inches (1m) or 12 inches (30cm) diameter and a maximum circumference of 70 inches (1.8m). DO NOT ATTACH THE SLACKLINE TO ANY TREE OR ANCHOR THAT CAN NOT WITHSTAND A MINIMUM FORCE OF 2200 POUNDS (10 kN/1000kg). Always install the included tree protection and/or SI TreePro, a carpet or soft rubber mat to protect trees and slackline from any unnecessary damage due to abrasion. Ensure trees meet the size requirement, are sturdy and free of dry rot before attaching slackline. If using trees in a park or other public area check local laws regarding tree use to be sure it is permitted in your area and follow all guidelines that may be in place. Slackline Industries recommends using as anchors only mature trees as specified above or anchors specifically designed for slacklining. Please refer to our website or the Slackline 101 DVD for further information: www.slacklineindustries.com.



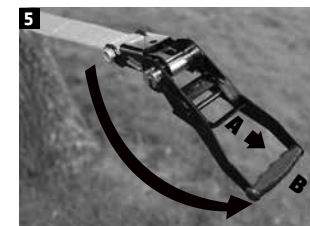
3.2 PREPARATION:

Locate a suitable and safe location with two trees as described in subsection 3.1 above with no hazards, obstacles, projections, or other dangers nearby. Wrap the included tree protection felt around each tree at the intended slackline height, which should be knee-height of the user or lower, not to exceed 18 inches (50cm) from the ground, and secure with Velcro closures. If the tree protection does not cover the full diameter of the tree, add SI TreePro, carpet, cardboard or another soft layer to extend the protection or replace with SI TreePro XL.



3.3 ANCHORING THE BAND:

Wrap the band flat around the tree trunk over the tree protection at knee-height of user or lower, not to exceed 18 inches (50cm) from the ground. Next, thread the band through the loop and adjust so it sits tightly around the trunk of the tree. To ensure the line stays flat, fold the band in half part of the way around the tree leading into the loop so it comes through the loop in a V shape as shown in Image 3.



3.4 ANCHORING THE RATCHET:

Wrap the band attached to the ratchet flat around the other tree trunk at the same height, over the tree protection. Thread the ratchet through the loop with handle facing down and adjust so it sits tightly around the tree trunk. To ensure the line stays flat, fold the band in half part of the way around the tree leading into the loop so the band comes through the loop in a V shape as shown in Image 3.

ALWAYS install the ratchet with the lever facing down toward the ground to reduce the risk of serious injury and/or death, as shown in Image 4.

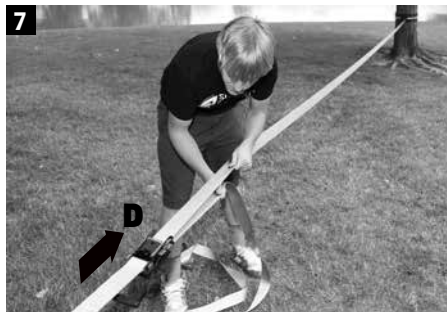


3.5 CONNECTING THE BAND TO THE RATCHET:

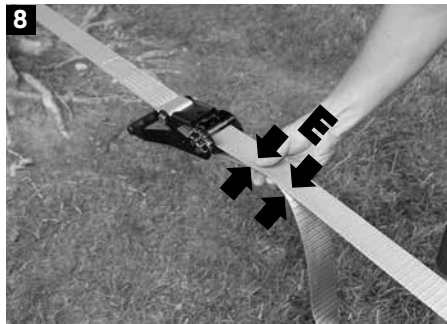
Use the small lever inside the ratchet handle ("A" in Image 5) and pull toward the main lever ("B" in Image 5) to adjust, lock and unlock ratchet. Put the ratchet in the fully closed, locked position (Image 6) and thread the band from above through the slot in the axle ("C" in Image 6).



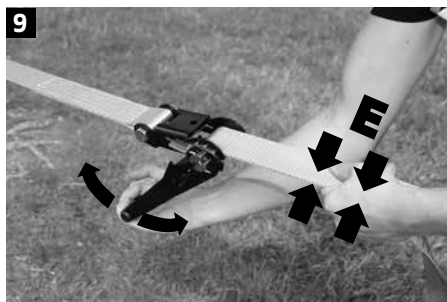
NOTE: It is especially important with Aggro Line or other power ratchets to thread the slackline into the axle slot from above with the ratchet handle facing the ground as indicated on the ratchet with an arrow (Image 6a). The extra bolt on these more powerful ratchets will prevent release if slackline is threaded incorrectly.



IMPORTANT! Pull the band through the axle by hand until it is as tight as possible and there is no slack in the band ("D" in Image 7). The ratchet can easily become over-spooled if the band is not pulled taught by hand first.



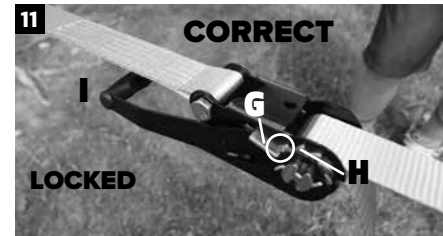
Once the band is through the axle as tight as possible, use one hand to hold both sides of the band together and in place ("E" in Images 8 & 9).



Release the ratchet from locked position and begin tightening using the handle grip. ("F" in Image 9)



IMPORTANT! The slackline must not exceed two and a half rotations around the axle of the ratchet. This can cause webbing to get tangled around the bolt and cause system failure. ALWAYS pull all of the slack out of the band before tensioning to prevent over-spooling of the ratchet bolt.



The tension on the lever of the ratchet must NEVER exceed 85 pounds (approx. 378N/38.5kg) to prevent seizure and/or failure of the system that may result in serious injury and/or death. **NOTE:** The ratchet bolt taking 2 and half rotations of webbing and becoming difficult to tension are indicators of approaching maximum tension. When the ratchet becomes difficult to move and the main lever range of motion decreases significantly, stop tensioning.



As soon as the band reaches the desired tension, return ratchet to the fully closed, locked position. Check the ratchet to ensure it is locked so the bolt ("G" in Image 10 & 11) rests neatly in the cogging ("H" in Image 10 & 11) and the lever is in a fully closed, horizontal position parallel to the band ("I" in Image 11).

DO NOT USE THE SLACKLINE IF THE RATCHET IS NOT FULLY SECURED AND LOCKED (UNLOCKED: Image 10; LOCKED: Image 11). Tip: The closed lever ("I" in Image 11) is a good indicator that the bolt rests in the cogging and that the ratchet is secured in the locked position.

The tension of the band may be adjusted according to personal preference as long as the tension does not exceed 85 pounds (378N/38.5 kg).

4. ABRASION:

Protect the band from unnecessary abrasion, sharp edges, and any other rough places. Inspect the slackline before and after each use and if abrasion is discovered, stop using the slackline.

Never twist the band (Image 12) as this causes the ratchet to flip over to the top of the band and increases risk of injury. Twisting also accelerates abrasion of the band.



5. WALKING THE SLACKLINE:

Tips: Use the anchor point of the band in front of you as a focal point and fix your gaze there for balance. Step on the slackline with feet straight, heel to toe along the line. Use your arms to correct imbalances. It is most helpful to keep arms up with the elbow above the shoulder and make slight adjustments always keeping both arms higher than shoulder height. Keep your knees bent and remember to breathe. Additional tips and instruction can be found on the Slackline 101 DVD or the Slackline Industries YouTube channel and website.

IMPORTANT: For safety reasons there should never be more than one person on the slackline at a time. NEVER RUN on the slackline.



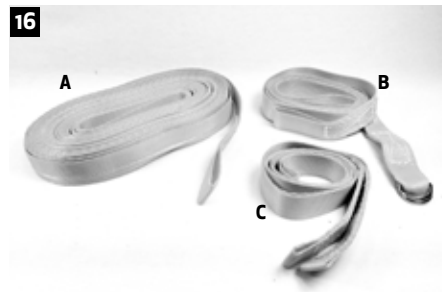
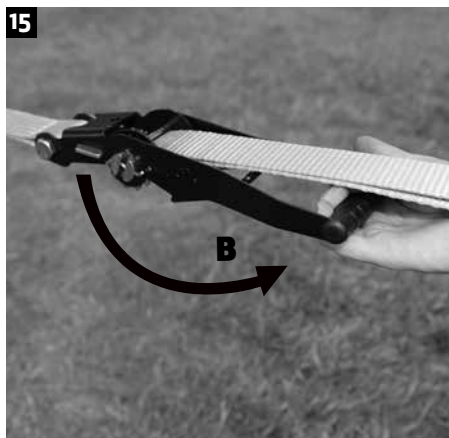
6. DISMANTLING THE SLACKLINE:

IMPORTANT! The band is under tension and injury and/or death may occur if not carefully dismantled.

To release the ratchet pull the inside lever ("A" in Image 14) toward the main lever handle to unlock. Continue squeezing inside and main levers together to open the ratchet fully so the main lever ("B" in Image 15) is parallel to the band and the inside lever detaches from the cogwheel ("C" in Image 14). This will allow the band to release (Image 15).

Once the band is released, slowly pull it back out from the ratchet. Loosen the looped anchors to fully remove and inspect the band for abrasions or damage. Make sure the band is clean and completely dry, and roll up to store.

Watch the Slackline 101 DVD or visit www.slacklineindustries.com for step-by-step video guide of set-up and dismantling procedures outlined above.



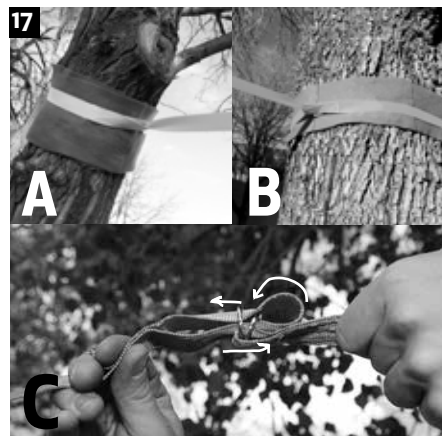
7. OPTIONAL EQUIPMENT- HELPLINE:

The helpline is included in some beginner kits or can be purchased as an accessory for any slackline kit.

The helpline consists of 3 components:

- main line (16.A)
- secondary line with rings (16.B)
- arm position trainer (16.C)

The helpline mounts above the slackline 6-8" higher than the user's arm can reach while on the slackline and is intended only as a guide for the arm position trainer. NEVER HANG FROM THE HELPLINE OR USE IT TO SUPPORT ENTIRE BODY WEIGHT.



7.1 ASSEMBLY:

Wrap the main line around one of the trees 6-8 inches above the user's reach and thread it through the loop to fit snugly around the tree ("A" in Image 17). Wrap the secondary line around the other tree at the same height and thread it through the loop to fit snugly around the tree ("B" in Image 17). Guide the main line across to the secondary line ensuring it is flat the entire distance across, then thread through rings to connect. Feed the main line first through both rings then back between them and pull the tail until the helpline is taught ("C" in Image 17).



When the helpline is secure, hang the arm position trainer over it. The user grips the arm position trainer so arms are extended at a 45 degree angle (Image 18). Use the trainer to shift arms side to side always keeping hands above shoulder height. This will assist in walking the slackline and learning proper form.

8. OPTIONAL EQUIPMENT- BACKUP LINE

The backup line is included in intermediate/advanced kits as added safety measure for more intense use. The backup line can also be purchased as an accessory for any slackline kit. A pamphlet with specific instructions for the backup line system is included in those kits and with the individual backup line system accessory, please refer to these instructions for set-up directions.

FOR MORE INFORMATION VISIT:

www.slacklineindustries.com